

# CPR TRAINING

Get trained. Save a life. You'll be glad you did.

**WHEN: Thurs. June 7 from 5:30 pm – 9:30 pm**

## WHAT YOU WILL LEARN:

A video-based, instructor-led course that teaches adult and child CPR and AED use, infant CPR, and how to relieve choking in adults, children, and infants. This course teaches skills with the American Heart Association's (AHA) research-proven practice-while-watching technique, which allows instructors to observe the students, provide feedback, and guide the students' learning of skills. This course is for anyone with limited or no medical training. Please wear comfortable clothing.

Training is provided for free – Course completion e-cards may be purchased for \$17 (Please bring exact change or check payable to FirstHealth).

**\*\*\*Seats are limited at each location and will be filled in the order that registrations are received\*\*\***

Click Here to Register: [HeartSaver CPR/AED on 6/7/2018](#)  
(Link will be Active and registrations accepted 30 days prior to class date)

### **COURSE LOCATIONS (Choose one):**

Aberdeen Fire Department  
800 Holly Street, Aberdeen  
(910) 944-7888

**-or-**

Pinehurst Fire Department  
405 Magnolia Road, Pinehurst  
(910) 295-5575



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Aberdeen and Pinehurst  
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SAVE A LIFE!