

## Spring Spree 2019

Mark your calendars for Downtown Aberdeen's Spring Spree 2019!

SATURDAY, MAY 18<sup>th</sup>, 2019  
[10AM-4PM]

We have reimagined the event for this year to be BIGGER and BETTER by including unique new opportunities! Following tradition, we will have a variety of LOCAL ARTISAN VENDORS, LIVE MUSIC, LOCAL BREWS & WINE, and the cherished KIDS' ZONE with tons of FREE ACTIVITIES for the KIDDOS, including FACE PAINTING and A PETTING ZOO with PONY RIDES!

We are pleased to announce that we are able to move our festival back into the heart of downtown, closing off more street space than ever before!

"SO, WHAT'S NEW?" - We are glad you asked! With the additional street space we are adding an "ADULT ALLEY" that will be packed full of interactive activities and games for adults. Think of it as a grown-up version of the Kids' Zone but with adult beverages, of course! There will also be STREET PERFORMANCES that are sure to be entertaining for all ages! Want to get crafty yourself? We will have crafting areas where you can create your own masterpiece to take home!

VENDOR APPLICATIONS WILL BE AVAILABLE JANUARY 4<sup>th</sup>, 2019.

For more information and/or event updates visit: [tiny.cc/SpringSpree](http://tiny.cc/SpringSpree)

## Ways to be connect with the Town of Aberdeen

There are many ways for citizens to be informed of activities, news, programs and emergencies in the Town of Aberdeen.

The first is the Town website, [www.townofaberdeen.net](http://www.townofaberdeen.net), where all Parks & Recreation athletics, activities, and special events are listed, Town Board and Commissions meetings are advertised, any news that may be pertinent to citizens, information about water main breaks that may result in water being turned off, and more.

The second is to like and follow the Town on Facebook @[TownofAberdeenNC](https://www.facebook.com/TownofAberdeenNC).

News, Parks & Recreation activities and athletics, information about water main breaks, any emergency announcements, and employment opportunities are posted to the Facebook page.



The third is to follow the Town on Instagram @[townofaberdeen](https://www.instagram.com/townofaberdeen).



Parks & Rec events and athletics, employment opportunities, and other happenings in Town are posted.

The fourth way is CodeRED. CodeRED is an emergency notification service that the

Town uses to send messages of water main breaks in areas that require water to be shut off and the Police and Fire Departments use

## Paperless Billing – Sign up Now!

The Town has the ability for citizens to receive their water bill and 2<sup>nd</sup> notices by email and no longer receive a paper bill.

To sign up for paperless billing, visit the "Pay Online" page on the Town's homepage ([www.townofaberdeen.net](http://www.townofaberdeen.net)).

If you have an account already set up just log in. If you need to set up an account, click on register. To register an account you must have your 10 digit (with dashes) water account number and the last amount

CodeRED to inform citizens of police activity in certain areas or other emergencies. Citizens can sign up for CodeRED by visiting the Town's website [www.townofaberdeen.net](http://www.townofaberdeen.net) and click on the CodeRED logo at the bottom left side of the homepage. You will be required to enter your name, resident or business address, and at least one phone number. You can enter multiple phone numbers and email addresses. This service is free for citizens to sign up.

The fifth way is to sign up for Nixle. Nixle is a community notification system that the Police Department uses to notify citizens of emergencies such as serious accidents, road closures, missing person, and police activity in your area, just to name a few. Citizens can sign up for Nixle by sending a text message to 888777 and in the body of the message enter the Aberdeen zip code 28315 and hit send. Citizens will then receive a confirmation text that you have signed up. Citizens can also sign up at [www.nixle.com](http://www.nixle.com) and enter your email address to receive email notifications.

If you need more information or have questions on how to sign up for any of these ways of communication contact the Town at 910.944.1115.

that you paid on your water account. Once you are registered, you will need to confirm your email address in order to change any settings.

To set up the email billing, click on "Utility Billing". On the right side of the screen click on:

- Sign up for e-Billing to receive your water bill by email.
- Sign up for reminders to receive a 2<sup>nd</sup> notice of bill due date.



# Bon Accord

ISSUE January & February 2019



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## Christmas Tree Disposal

There are a couple of ways to dispose of live Christmas trees. The Town will pick up all live trees that are placed at the curb. All business owners need to make sure to not leave discarded Christmas trees behind their business.

Keep Moore County Beautiful is sponsoring a Christmas tree recycling program to run through January 5<sup>th</sup>. Citizens can take their Christmas tree Monday through Saturday from 7:30 a.m. – 7:00 p.m. to the following locations:

- Moore County Landfill  
456 Turning Leaf Way,  
Aberdeen, off HWY 5  
910.295.4202
- Carthage Collection Site  
5361 US HWY 15-501 S.,  
Carthage  
910.947.2704

## Winterize Your Irrigation System

If you have an RPZ valve installed on your water line, it is your responsibility to make sure that it is properly insulated for extreme low temperatures.

If your valve is tied off of your water line to your house to serve an irrigation system, swimming pool, or other non-sewered service then you should cut the valve off and properly drain it for the winter. A new law became effective July 1, 2010 that all homes are required to have a separate water meter if you have in-ground irrigation or swimming pool.

## Changes to Garbage & Recycle Collection

The Town has seen lots of growth in our town limits; residential construction has added a couple new subdivisions to the Town. With those new subdivisions added, the Town had to evaluate the efficiency of the garbage & recycle routes for our citizens.

Beginning January 7, 2019 the pickup day for the following neighborhoods will be **Wednesday**:

- Legacy Lakes
- Sandy Springs
- Pee Dee Road (area from 211 south to 15/501)
- Parkway Drive
- Park Meadows

## No Makeup Day

Wednesday, historically, was the makeup day if a route fell on a holiday. With the addition of the Wednesday route, there will no longer be a makeup day for any route if the Town is closed for a holiday. The route will be picked up on the next regularly scheduled day.

## Glass not recyclable

The contractor that Moore County uses for recycling has increased their fee from \$25 to \$100 per ton. Since the Town takes all recyclables to Moore County for proper disposal, we will incur this increase. After notification of this increase, Board members have agreed to remove glass from recyclables to decrease the tonnage cost.

With this change, glass will no longer be accepted as a recyclable item effective January 7, 2019. Citizens can still take glass recyclables to the Moore County Landfill located at 456 Turning Leaf Way (off Hwy 5). The landfill will have a container designated for glass only.

Recycle containers will be checked as they are picked up for glass. If there is glass in the recycle container, a Sanitation worker will tag the can to remind the resident that glass is not recyclable.

If you have any questions about the route change or recycle change contact Robert Baker, Sanitation Superintendent, at 910-944-7012 or [rbaker@townofaberdeen.net](mailto:rbaker@townofaberdeen.net).



## Pedestrians Right-of-Way on Crosswalks

Have you seen these brick strips across Poplar Street in Downtown Aberdeen??



The crosswalks are part of the revitalization of the Downtown area and were installed in June as a way to provide a safer area to cross Poplar Street.

As a reminder, all drivers must yield to pedestrians that are crossing on the crosswalks!

## Due Dates for Water Bills

### Late Fees

\$5 or 5% late fee added for those bills not paid by 5:00 p.m. on January 20.

### Disconnection

Accounts with an outstanding balance will have a \$25 fee added for those bills not paid by 5:00 p.m. on February 5 and disconnected February 6. Accounts cutoff for non-payment will have to be paid in full to have service reconnected.



## Parks & Recreation Programs & Athletics

Programs offered for all ages!

### Chair Exercise

Increase your muscle strength, circulation, range of motion, and get on the right track to a healthier lifestyle. By getting up in the morning and exercising you have just boosted your metabolism, alertness, and energy levels. Sessions are held monthly on Tuesdays and Thursdays 10:30 a.m. – 11:30 a.m. Registration fees are \$2 for residents and \$5 for non-residents.

### Tai Chi

Join Sifu Lee Holbrook as he teaches the fundamentals of tai chi and helps alleviate stress and anxiety and improves mood and joint pain. Sessions are held on Tuesdays from 1:00 p.m. – 2:00 p.m. Registration fees are \$21 for residents and \$32 for non-residents.

### Stroller Strong Moms

SLAM is a fun, but challenging workout for moms of all levels. You'll meet other moms while doing burpees and your little ones get to make friends too, with play groups and monthly Moms Night Out events. Whether you've never worked out, you're a marathon runner or you just want to socialize, SLAM is for you! Workouts at Aberdeen

Lake Park are Tuesday, Wednesday, & Thursday. Cost is \$52 for monthly unlimited, \$37 for two days a week, and \$22 for one day a week.

### Spring Break Camp

Open to ages 5-12, this camp runs during the week of Moore County Schools' spring break week. Camp is from 7:45 a.m. – 5:30 p.m.

Campers will take field trips around the county and Raleigh and many other fun activities. Children are required to wear closed toe shoes through the duration of camp and must bring their own lunch, snacks, and water. Cost is \$85 for residents and \$130 for non-residents.

### Youth Kickball

Come join Aberdeen Parks and Recreation Department's Youth Kickball league. Youth will learn and enjoy the playground game of kickball! Age groups will consist of coed 4-6, 7-9, and 10-15 year olds. Practices and games will be held at Colonial Heights Park on Tuesday and Thursday evenings. Practices will begin March 19<sup>th</sup>. Registration will run through March 8<sup>th</sup>. Fees are \$12 for residents and \$25 for non-

residents.

### Adult Dodgeball

Want an activity where players will be dodging, ducking, dipping and diving? We will be providing it! Our Adult Dodgeball League will allow you to put to rest any stinging memories of dodgeball from your youth, and start fresh, for a fun full-body exercise. Come by the Aberdeen Recreation Center to pick up your team registration form. Participants will need to form their own teams, purchase their own uniforms and enjoy the thrilling and intense sport of Dodgeball. Games will be played on Tuesday and Thursday nights. Practices begin February 19<sup>th</sup>. Registration deadline is February 1<sup>st</sup>. Team fees are \$200.

### Spring Events

Mark your calendar for these fun events held this Spring:

- Senior Games in the Pines – April 1<sup>st</sup>
- Easter Eggstravaganza – April 13<sup>th</sup>
- Blue & Brews: A Festival at the Farm – April 13<sup>th</sup>
- Spring Spree – May 18<sup>th</sup>



## Cold Weather Safety

Winter weather has arrived in much of the country. Do you know the signs of hypothermia, and what to do if you get frostbite? Read on to make sure you're ready for cold weather!

### Listen to the weather forecast

- Check the weather forecast before going out.
- Listen for a wind chill warning. Warnings are based on local climate and are issued when significant wind chills are expected.

### Plan ahead

- Develop a cold weather safety plan in advance to ensure that safety concerns are addressed when it's very cold, or when the wind chill is significant. For example, schools could hold recess indoors, outside workers could schedule warm-up breaks, and those involved in winter recreation could reduce the amount of time they spend outdoors.

### Dress warmly

- Dress in layers, with a wind resistant outer layer.
- When it is cold, wear a hat, mittens or insulated gloves. Keep your face warm with a scarf, neck tube or facemask.
- Wear warm and waterproof footwear. When it is very cold, or when the wind chill is significant, cover as much exposed skin as possible. Your body's extremities, such as the ears, nose, fingers and toes lose heat the fastest.

### Seek shelter

- When the wind chill is significant, get out of the wind and limit the time you spend outside.

### Stay dry

- Wet clothing chills the body rapidly.
- Remove outer layers of clothing or open your coat if you are sweating.

### Keep active

- Walking or running will help warm you by generating body heat.

### Be aware

- Watch for signs of frostbite and hypothermia (see below).
- Some people are more susceptible to the cold,

particularly children, the elderly and those with circulation problems.

- Check on elderly relatives and neighbors to ensure they are warm enough and have sufficient supplies, particularly when the weather is cold or snowy. They might not feel comfortable going outside to shop and may require food, medications and other supplies.
- The use of alcohol, tobacco and certain medications will increase your susceptibility to cold.

### Hypothermia

- Being cold over a prolonged period of time can cause a drop in body temperature
- Shivering, confusion and loss of muscular control (e.g., difficulty walking) can occur.
- It can progress to a life-threatening condition where shivering stops or the person loses consciousness. Cardiac arrest may occur.

### What to do:

- Get medical attention immediately.
- Lay the person down and avoid rough handling, particularly if the person is unconscious.
- Get the person indoors.
- Gently remove wet clothing.
- Warm the person gradually and slowly, using available sources of heat.

### Frostbite

- A more severe condition, where both the skin and the underlying tissue (fat, muscle, bone) are frozen.
- Skin appears white and waxy and is hard to the touch.
- No sensation - the area is numb or tingling.

### What to do:

- Frostbite can be serious, and can result in amputation. Get medical help!
- Do not rub or massage the area.
- Do not warm the area until you can ensure it will stay warm.
- Warm the area gradually; use body heat, or warm water (40°C to 42°C). Avoid direct heat which can burn the skin.

## Your Government

Board of Commissioners  
Work Session

2<sup>nd</sup> Monday | 6:00 p.m.

Town Hall Conference Room

January 14<sup>th</sup> & February 11<sup>th</sup>

Board of Commissioners  
Meeting

4<sup>th</sup> Monday | 6:00 p.m.

J. Curtis McInnis Board Room

January 28<sup>th</sup> & February 25<sup>th</sup>

Planning Board Meeting

3<sup>rd</sup> Thursday | 6:00 p.m.

J. Curtis McInnis Board Room

January 17<sup>th</sup> & February 21<sup>st</sup>

Have agendas delivered directly to your inbox. Sign up for E-news at:

[www.townofaberdeen.net](http://www.townofaberdeen.net).

## Town Hall Closing

- In observation of New Year's Day, Town administrative offices will be closed Tuesday, January 1, 2019.

There will be no garbage/recycle pick-up on January 1<sup>st</sup>. The makeup day will be Wednesday, January 2<sup>nd</sup>.

- In observation of Martin Luther King, Jr. Day, Town administrative offices will be closed Monday, January 21, 2019.

There will be no garbage/recycle pick-up on January 21<sup>st</sup>; it will be picked up on the next regularly scheduled day.