



Edition 15

Recycle....is the buzz word recently!

On January 7, 2019, the Town put into effect a change to the Town's recycling program, glass is no longer acceptable through our program. This has raised many questions about why the change and what do we do with glass.

As a citizen that still wants to do their part and recycle, glass containers and bottles can be taken to the Moore County Landfill located at 456 Turning Leaf Way (off Hwy. 5). Containers are available there for glass only recycling.

If you have any questions about the Town's recycling program, contact Public Works at 910-944-7012.

[Read more about the discussion that has taken place in the County on this issue.](#)



While we are on the subject of recycling, below is an excellent quick reference guide as to what is acceptable in the Town's recycling program. You can print the guide or pick up a copy at the Water Department located in Town Hall (115 N. Poplar St.) and keep it on your fridge for reference.

ACCEPTED ITEMS:

PLASTICS #1 & #2

Water/soda bottles, milk jugs, detergent containers, and cleaned food jars/tubs



Emptied and rinsed

METAL

Aluminum beverage cans and cleaned food cans



Emptied and rinsed

PAPER

All paper, cartons and cardboard



Flattened and without food debris

PROHIBITED ITEMS:



- Aerosol cans
- Car batteries
- Ceramic/drinking glasses
- Clothing
- Disposable cups
- Electronics
- Food/liquids
- Frozen food boxes
- Glass of any kind
- Hazardous/medical waste
- Plastic bags
- Plastic toys/sporting goods
- Plastics #3 - #7
- Scrap metal/wood
- Styrofoam
- Waxed food cartons

- GLASS OF ANY KIND IS PROHIBITED -



Workout and Ice Cream!!

You may or may not have heard that Downtown Aberdeen is growing with new businesses. We were recently talked about in The Sway email newsletter. A new gym, succulent garden/yoga studio, and ice cream shop are the newest reasons to visit Downtown.

Read what The Sway had to say:

Catch Up With Downtown Aberdeen

From a new gym to a boutique succulent garden/yoga studio and a budding ice cream shop, there's more reasons to visit this growing downtown.

***Carolina Barbell:** Kirsten and Pete Ostby have created a gym after their own, muscly little hearts with this 24-hour facility focused on strength training. From flipping 500-pound tires to something called a rhino belt squat, you'll endure tons of new, unique and fun methods of punishment — and then crawl next door for a beer at Railhouse. **Follow them** to get inspiration. Find them at 105 E. South Street.*

***A Succulent Place:** After spending years in high-stress industries, Phyllis Coe was looking for something more. Out of that came yoga training in Hawaii, trips to Burning Man, and some serious soul-searching that helped her figure out her real interests — all of which you can find at A Succulent Place. From live arrangements to arts and craft spaces, from reading nooks to yoga gear and a studio where she holds small yoga classes, Phyllis is on a mission to serve the whole person. Find her at 119 N. Sycamore.*

***Sweet Carolina:** A little space on Main Street is getting a whole lot sweeter with this soon-to-come shop. Work is ongoing on the interior and the menu — **follow them** to get the scoop. Heyoooo.*

To stay up to date on Downtown Aberdeen activities, make sure to follow [Downtown Aberdeen](#) on Facebook.



Senior Games in the Pines

Senior Games in the Pines is a great opportunity for those aged 50 or better to showcase their skills in a variety of activities. A little friendly competition at any age never hurts!

The Games run April 4 - May 14. Get registered today by visiting Aberdeen Parks & Recreation Department or [online](#).



Senior Games in the Pines offers competition in a variety of activities such as: golf, bowling, team sports, swimming, pickleball, cornhole, bocce ball, painting, pottery, singing, dancing, and much more for participants aged 50 or better.

★ **Early Bird Registration** ★
February 8 - March 8
Register for only \$10!

★ **Registration** ★
March 9 - March 15
Register for \$15

★ **Opening Games Celebration at Penick Village** ★
April 4 from 11:00am-1:00pm
Join us for a FREE lunch, special ceremony, and packet pick-up!

★ **Closing Ceremony & Celebration Dinner** ★
at the Fair Barn
May 14 from 6:00pm-7:30pm
Tickets are \$5 each and pre-registration is required

Register online at torch.ncseniorgames.org or pick up an application at your local Parks & Recreation Department or the Moore County Senior Enrichment Center.



Boards & Commissions Meeting Dates

- January 28 - 6:00 p.m. - Town Board Meeting
- February 11 - 6:00 p.m. - Work Session
- February 18 - 4:30 p.m. - Historic Preservation Commission
- February 19 - 12:00 p.m. - Appearance & Beautification Commission
- February 21 - 6:00 p.m. - Planning Board
- February 25 - 6:00 p.m. - Town Board Meeting

[View the agendas for all meetings.](#)

