



Aberdeen Parks and Recreation Department

2016 - 17 FALL/WINTER PROGRAMS



Small Town, Big Fun

301 LAKE PARK CROSSING

ABERDEEN, NC 28315

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Registration Policy

Pre-registration is required for all programs. Programs may be canceled due to lack of pre-registration. Registration can be handled in person at the Recreation Center at Aberdeen Lake Park, 301 Lake Park Crossing, or by faxing or emailing (944-1119, aprd@townofaberdeen.net) a registration form and paying online at www.townofaberdeen.net. Registration is open until deadline, or spaces available are full. Registration will be handled on a first paid, first served basis.

Parks

Aberdeen Lake Park	301 Lake Park Crossing	79 acres
Pages Lake (39 acres); The Recreation Center, picnic shelter with grills, trail (1.5 miles), gazebo, playground, and open space.		
Berkley Park	704 Keyser Street	.9 acres
Neighborhood park with a picnic shelter with tables and grill, and a playground.		
Colonial Heights Park	504 Park Drive	5 acres
Two lighted baseball/softball fields with bleachers, concession stand with restrooms, playground, picnic tables and a volleyball court.		
Sharpe Memorial Park	200 E. Maple Avenu	2 acres
Neighborhood park with swings, playground, and picnic shelter.		
Ray's Mill Park	837 Saunders Blvd	32 acres
Powell's Pond (14 Acres); Picnic shelter with tables and grill, paved trail (.2 miles), pier.		

Park Rentals

All outdoor park facilities are available on a first come, first served basis. However, several facilities such as the Recreation Center, ballfields, shelters, and gazebo can be reserved for a fee. Please contact the front desk assistants regarding rental fees, rules, and availability. Reservations will be handled on a first paid, first served basis.

Staff

Adam Crocker, Director	acrocker@townofaberdeen.net
Joseph Keel, Athletic Director	jkeel@townofaberdeen.net
Kayla Hillman, Program Coordinator	khillman@townofaberdeen.net
Joe Thompson, Park Superintendent	jthompson@townofaberdeen.net
Caitlyn Schwab/Julie Brock, Front Desk Assistants	aprd@townofaberdeen.net

RESIDENT POLICY

Resident and Non-Resident rates are based on whether individuals registering/renting pay Town of Aberdeen property taxes. Those who pay Town of Aberdeen property taxes receive the resident rate; those who do not, despite physical address, pay the non-resident rate. A portion of Aberdeen property taxes helps provide Parks and Recreation facilities and programs. Therefore, those who pay these taxes have already contributed toward facilities and programs, and will receive a lower rate. For non-residents, the department does offer a membership program. For the fee of \$50/year, each member of a household will receive resident rates for all programs registered for during that one year time frame.

Adult Programs

*All programs require pre-registration



CHAIR EXERCISE

Increase your muscle strength, circulation, range of motion, and get on the right track to a healthier lifestyle. By getting up in the morning and exercising you have just boosted your metabolism, alertness, and energy levels. Sessions are held monthly on Tuesdays and Thursdays from 10:30-11:30am.

Per month:

\$2 for residents

\$5 for non-residents

COFFEE & CRAFTING

Grab a friend or meet some new ones and get your creativity brewing over at the Recreation Center on Wednesdays from 12:30-1:30pm. Prices cover supplies and unlimited coffee.

*** Registration is due the Wednesday before.**

Per class:

\$15 for residents

\$22 for non-residents

TAI CHI

Join Master Lee Holbrook as he teaches the fundamentals and helps alleviate stress, anxiety and improves mood and joint pain. Sessions are four weeks and are held on Tuesdays from 1:00-2:00pm.

Per session (4 classes):

\$21 for residents

\$32 for non-residents

Session 8: August 9–August 30

Session 9: September 6–September 27

Session 10: October 4–October 25

Session 11: November 1–November 29

Session 12: December 6–December 27

Session 1: January 3–January 24

Session 2: January 31–February 21

STEP AEROBICS

Step your way into shape with instructor Grace Dumayas every Monday from 5:30-6:30pm.

Per session (4 classes):

\$25 for residents

\$38 for non-residents

Session 8: August 8–August 29

Session 9: September 12–October 3

Session 10: October 10–October 31

Session 11: November 7–November 28

Session 12: December 5–January 2

Session 1: January 9–January 30

Session 2: February 6–February 27



ZUMBA

Enjoy Zumba classes at the Aberdeen Recreation Center Tuesday and Thursday evenings from 6:30-7:30pm with instructor Sarah Calleja.

Per session (8 classes):

\$25 for residents

\$38 for non-residents

Session 9: August 23–September 15

Session 10: September 20–October 13

Session 11: October 18–November 15

Session 12: November 17–December 15

Session 1: January 3–January 31

Session 2: February 2–February 28

Youth Programs

*All programs require pre-registration

CHEERLEADING

Basketball season is not far away and Aberdeen Parks and Recreation Department is looking for girls ages 4–12 that can show their team spirit for Aberdeen’s winter basketball league. Girls will learn basic cheers, jumps, kicks, and much more.

*** Registration deadline: November 9**

Cost:

\$30 for residents

\$45 for non-residents

PETIT PICASSO

Art program open to homeschoolers and preschoolers ages 4-7 every Wednesday from 10:30-11:30am. Costs cover supplies.

*** Registration is due the Wednesday before**

Per class:

\$8 for residents

\$12 for non-residents



OPEN ART STUDIO

Kids ages 10-14 are welcome to get their creativity on with guided art projects or free range self-expression with instructor Nicole Torres. Join us on Wednesdays at 6:00pm. Costs cover supplies.

*** Registration is due the Wednesday before**

Per class:

\$14 for residents

\$21 for non-residents

Special Events

MOVIES BY THE LAKE

Select Fridays in July - October
Aberdeen Lake Park

Join us one Friday each month from July through October at Aberdeen Lake Park to enjoy family movies on the big screen. Admission is free and concessions will be available for purchase.

The Aberdeen Parks and Recreation Department, along with Coca Cola, Air Specialties, Aberdeen Bead Company, Ward Productions and Star 102.5 present the following movies:

July 8 at 8:30pm

Norm of the North

August 12 at 8:15pm

The Good Dinosaur

September 16 at 7:45pm

Zootopia

October 14 at 7:15pm

Hotel Transylvania 2

*Rain Dates will be same time, the following day

Admission: Free, concessions are available for purchase.



MALCOLM BLUE FARM DAY

Saturday, September 24 from 10:00am-6:00pm
Malcolm Blue Farm

At Malcolm Blue Farm Day, you will enjoy artisan work of all kinds, such as blacksmithing, pine needle basket weaving, quilting, cloggers, and many more. Children can enjoy pony rides, face painting, make old-fashioned crafts, sample homemade foods in the farmhouse kitchen, and even pet the farm animals and ride on a pony. There will be live entertainment, BBQ, and beer from Railhouse Brewery.

Admission: \$5, children under 5 are free, \$20 max for family

Special Events (continued)



24TH ANNUAL SARDINE FESTIVAL

Friday, October 14 from 11:00am-2:00pm
Aberdeen Lake Park

All are invited to enjoy a free lunch of sardines, crackers, moon pies, RC Colas, and Cokes. Last year's Sardine Queen will arrive via fire truck in her own parade at noon, and a new 2016 Sardine Queen will be crowned. More information can be obtained by contacting Jamie Boles at (910) 692-6262.

Admission: Free, though donations are welcome, as proceeds will benefit youth programs in Moore County

FALL-O-WEEN

Saturday, October 22 from 11:00am-2:00pm
Aberdeen Lake Park

Join us at Aberdeen Lake Park for fun carnival games, inflatables and a climbing wall. This event is for children ages 15 and under, and the cost of \$5 per child gets the kids on all games, inflatables, and climbing wall. There will be food truck vendors and iced cream. The Aberdeen Police and Fire Departments will also be there to pass out safety tips and information for the children. We encourage everyone to put on their best costume and join us for the fun!

Admission: \$5 per child, children 2 years old and under are free

TREE LIGHTING

Thursday, December 1 at 6:00pm
The Depot in Historic Downtown Aberdeen

Witness the lighting of the Christmas tree and the arrival of Santa with special performances. Enjoy light refreshments while listening to Mayor Farrell read "Twas the Night Before Christmas."

Admission: Free

SUPPER WITH SANTA

Friday, December 9 from 6:00-7:30pm
Aberdeen Recreation Center

Join the Aberdeen Parks and Recreation Department for a catered dinner from Texas Roadhouse, holiday crafts, and watch Frosty the Snowman as you hang out with Santa! Tickets are on sale at the Aberdeen Recreation Center.

Admission: Children \$5, Adults \$10
Non-resident: Adults \$15



CHRISTMAS PARADE

Saturday, December 10 at 11:00am
Historic Downtown Aberdeen

Parade registration deadline is December 2nd. Forms can be found at townofaberdeen.net or contact Aberdeen Parks and Recreation at 910-944-7275.

Admission: Free to participate in the parade



OLD FASHIONED CHRISTMAS

Saturday, December 10 from 1:00-5:00pm
Malcolm Blue Farm

The farmhouse will be open and decorated in the fashion of the period. Music and light refreshments will be provided. The pack house will be open with children's activities such as letters to Santa with feather pens and making bird feeders. The museum will also be open to visitors. Come celebrate Christmas, in the spirit of the 1820s!

Admission: Free

Youth Athletics



T-BALL

Aberdeen Parks and Recreation Department is conducting a Fall T-Ball League. This activity is available for children ages 4-5 (age as of August 31st, 2016). Practices and games will be held at Colonial Heights Park on Tuesday and Thursday evenings. Fees are \$12 for Residents and \$25 for Non-Residents. Registration will be currently underway. Check for availability. Registration forms can be picked up at the Aberdeen Recreation Center at Aberdeen Lake Park. Practices will begin September 6th. Volunteer coaches and sponsors are needed. For more information contact Joseph Keel, Athletic Coordinator, at 944-7275.

*** Registration Deadline: August 19th or until full**
\$12-Aberdeen Residents
\$25-Non-residents

FLAG FOOTBALL

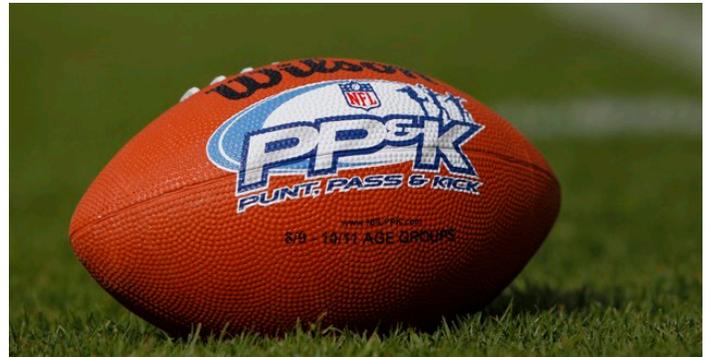
Flag Football is one of Aberdeen Parks and Recreation Department's newest athletic leagues and it promises to be exciting. Flag Football is a co-ed sport for ages 9-12, as of August 1st, 2016. Games and practices will be held at Colonial Heights Park, with the possibility of playing other teams in the area at their facilities. Practices will begin September 7th.

*** Registration Deadline: August 26th or until full**
\$12-Aberdeen Residents
\$25-Non-residents

NFL PUNT, PASS & KICK

If you want a chance to show off your football skills at Bank of America Stadium in Charlotte, sign up for this year's local Punt, Pass & Kick competition. This FREE event will be held on Thursday, September 1st at 6:00pm at Memorial C Field in Southern Pines. This event is for boys and girls, ages 6 – 15 years old. All local winners will advance to a regional competition for an opportunity to qualify for the Carolina Panthers Team Championship. This event is sponsored by the Aberdeen Parks and Recreation Department, Southern Pines Recreation & Parks Department and Pinehurst Parks & Recreation Department. Pre-Registration is required. Please bring Birth Certificate to field. NO CLEATS!!!

*** Registration ends at 5:30 pm the day of the event.**
Thursday, September 1st
Ages 6-15 (as of December 31, 2016)



OPEN GYM

Open Gym is designed for the youth to get ready for basketball season, in a supervised environment. This program is held on Sundays at Aberdeen Elementary School. Come sharpen up your skills or just have fun with us at the gym.

Open Gym Session

Sundays-October 2nd-November 13th

Ages 4-8, as of January 1st, 2017 (Parents must stay for the whole duration)

1:00pm-2:30pm

Ages 9-12, as of January 1st, 2017

3:00pm-5:00pm

*** Registration Deadline-September 23rd**
Aberdeen Residents-\$20 for whole session
Non-Residents-\$30 for whole session
Min 15/Max 40

Youth Athletics

LACROSSE CAMP

Lacrosse is a unique and upcoming sport in our area, so we are holding a Lacrosse Camp at Colonial Heights Park for boys and girls ages 5-10, as of August 31st, 2016. Each camper will receive a Lacrosse Camp T-shirt. Coach Brad Thomson will be instructing the camp. Equipment and supplies will be provided for use at the camp. Cost for the camp is \$30 for residents and \$40 for non-residents. Registration forms can be picked up at the Aberdeen Recreation Center. For questions, contact Joseph Keel at 910-944-7275.

*** Registration Deadline: October 14th**

Monday, October 24 – Thursday, October 27
6:00 – 7:00 p.m.

Aberdeen Residents-\$30

Non-Residents-\$40

Ages 5-10 (as of August 31, 2016)

Min/Max: 6/20

YOUTH BASKETBALL

The Aberdeen Parks and Recreation Department is holding their Youth Basketball league again this year. This league will emphasize learning the basic developmental skills and improving existing skills of basketball. Youth Basketball also puts focus on having fun and learning teamwork skills. This league is open to boys and girls ages 4-12, as of January 1, 2017. Cost for league is \$12 for Aberdeen residents and \$25 for non-residents. Typically the 4-6 age division is held on Mondays and Saturdays, the 7-8 age division is held on Tuesdays and Saturdays and the 9-12 age division vary depending on schedule. Registration forms can be picked up at the Aberdeen Recreation Center.

*** Registration Deadline: November 4th or until full**

\$12-Aberdeen Residents

\$25-Non-residents



YOUTH KICKBALL

Come join the Aberdeen Parks and Recreation Department's Youth Kickball league. This activity is geared for boys and girls ages 4-15, as of August 31st, 2017. Practices and games are held at Colonial Heights Park, on Tuesday and Thursday evenings. Practices will begin on April 11th.

*** Registration Deadline: March 24th or until full**

\$12-Aberdeen Residents

\$25-Non-residents



Volunteer Coaches and Sponsors are needed for all athletic leagues! If interested please call Aberdeen Parks and Recreation Department (910) 944-7275.

**Aberdeen Parks & Recreation
PO Box 785
Aberdeen, NC 28315**

