

Save the Date for the 2010 Urban Farm Tour!!!

On **Saturday, April 10th** urban farmers across Cumberland and Moore Counties will open their homes and gardens in order to show us how they weave elements of rural life into their town and suburban lifestyles.

Visitors will see urban homeowners, much like themselves, demonstrating a passion for a wide variety of farm-life practices adapted to their back, side, and front yards! You'll see demonstrations of bee-keeping, native plantings and edible landscapes, rainwater harvesting, raising chickens as laying hens, vermi-composting (worms), shade gardens, certified wildlife habitat, growing fresh-cut flowers, and more. And you'll also learn firsthand how practices such as tilling-in cover crops, composting and building raised beds can improve soil quality and increase garden yields.



The **Urban Farm Tour** is self-guided and participants will be able to pick up a Tour program at one of two Headquarters locations; the **Cape Fear Botanical Gardens** in Cumberland County and **Aberdeen Elementary School** in Moore County. Sites on the



Tour will be open from 10am to 3pm and you can purchase a Tour button for only \$5 per person. Buttons will be on sale soon at a number of convenient locations. Young Urban Farmers (children 12 and under) are admitted free!

So mark your calendars now for the 2010 Urban Farm Tour on Saturday, April 10!

For more information about sponsorship and volunteer opportunities, or to include your urban (or suburban) farm as a site on the 2010 Urban Farm Tour, contact Heather Brown at brownh@ctc.com or 910-639-7024.

